

Confidential Community Support Card to place in the kitchen, for family: _____

Month: _____ Year: _____

 Parent(s) or Guardian(s) signature

Aim for 12 virtual hours per month (144 virtual hours per 12 months) per family of 3 participants plus 4 virtual hours per additional participant. Minimum age 5 years old.

Hours Spent	By Whom	For What
TOTAL		
Money Donated (However small the amount, always include children's donations from pocket money)	Reason for donation or costs incurred in helping others (Talented street entertainers count, political donations or lottery tickets do not)	
TOTAL		

Rules

Hint: Persuade the teenagers in the house to befriend someone who is of a different race and religion who has relatives that need gardening or home improvement help and swap jobs once a month.

1. If you can get any teenager to do anything add 20% for each hour they spend.
2. Add 20% for each hour spent if the beneficiary is from another racial Tribe or has a different skin colour.
3. Add 30% for each hour spent if the beneficiary is from another religious Tribe and both of your families are devout.
4. Add 10% for each hour spent if the work involves gardening or home improvements.
5. Deduct 50% for each hour spent if the work involves a close relative.
6. Work involving your own household does not count, unless your parent(s) or guardian(s) says so.
7. Payment is not allowed: This is a Community Support Card not a factory timesheet. Small tips or gifts of food and drink are fine.
8. For security, peace of mind and family bonding it is preferable for the whole family to undertake voluntary work together at the same time and at the same place.
9. **Never**, ever, ever should children undertake a job alone or without parental approval.
10. **Never**, ever, ever should someone old or vulnerable allow a stranger(s) to undertake jobs.
11. Local schools in liaison with local social workers can become the local register of those needing help.
12. Define additional rules for your family as appropriate.

